



Maranatha Newsletter

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MANAGER'S MESSAGE

The cooler mornings are here to put a spring in our step. Firstly, I would like to acknowledge all the support from families, friends of Maranatha and visitors for following our guidelines during our recent outbreak. As you may be aware, cases of COVID-19 and Influenza are high in the community. We continue to have procedures in place and visitors will no longer be required to undergo RAT testing unless in the event of an outbreak to ensure the safety and wellbeing of our residents. We also continue to seek and follow advice from the Public Health Unit regarding updates and the latest requirements to implement with our Infection Control policies.

We have also been trialling our cafe service on Saturday mornings, from 10am – 2pm with good feedback, and will continue with this service.

All your feedback is greatly appreciated, and the feedback forms are located around the facility if you would like to make a comment, complaint, or compliment regarding any part of the service provided at Maranatha. On completion place the feedback form in the secure Feedback boxes located by the Feedback forms.

I hope and pray for all our residents, staff, families, and friends of Maranatha, may our values of Love, Peace, Goodness, Gentleness, Joy, Self-Control, Kindness, Patience, and Faithfulness be fulfilment in your lives, God Bless.

Kind Regards, **Melanie Grace**

- Director of Consumer Care & Services



Village News

By KERRY KENNEDY

Colder months tend to make us hibernate in our homes a lot more and this can lead to loneliness and feelings of isolation, so remember to check in on those around you. It doesn't have to be a long conversation just a quick hello or a wave can make the world of difference to someone's day!



We extend a very warm welcome to Doug & Shirley our new Village residents, who have relocated to sunny Queensland from Inverell in Northern NSW.

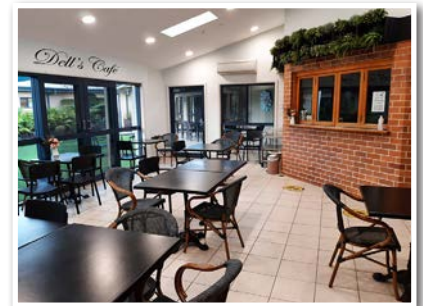
Booking of Recreation Room for Private Functions - If you wish to book the use of the Recreation Room for an activity or function please contact me and I will liaise with the Village Activity Committee.



A huge thankyou to our Men's Shed members and the dedicated Volunteers of the Maranatha Garden Railway for your tireless work and dedication to the operation and continual improvement of our Garden Railway that brings great joy to many people.

"Dells Cafe" is now open on Saturdays for coffee and cake so why not treat yourselves!

Kind Regards, **Kerry Kennedy**
- Village Manager/Resident Services



Village Upcoming Events

JUNE

- 10 Lagoon Creek Café
Bus leaves at 9.45am
- 24 Woodford Gardens
Bus leaves at 9am

JULY

- 4 Old Youth Orchestra -
Morning Music at the
Old Museum
Bus leaves at 9.15am

AUGUST

TBC

Regular Activities Timetable

Cards (500)	Mondays & Fridays	1.30pm
Chair Yoga	Mondays	9.30am
Mah Jong	Tuesdays	2pm
Mens' Shed	Tuesdays (<i>work</i>)	2pm
	Thursdays (<i>social</i>)	2pm
Ladies Group	1st Wednesday / Month	10am
Social Morning Tea	3rd Wednesday / Month	9.30am
Craft Group	Thursdays	10am



Upcoming Events

JUNE

- 5 Glenda's Fashion - 9.30am
- 5 Concert w Rick - 10.30am
- 6 High Tea - 10am
- 12 Armchair Travel to India - 10.30am
- 12 Men's Mental Health Day
Nursing Home & ILU BBQ - 12pm
- 13 Garden Train - 10.30am
- 19 Bus Trip - Side 1
- 20 Concert w Ken - 10.30am
- 26 Bus Trip - Side 2 - 9am
- 26 Bus Trip - Azalea - 1pm
- 27 Birthday Party w Dennis - 10.30am

JULY

- 5 High Tea - 10am
- 8 Resident/Relative Meeting - 2pm
- 11 Concert w Jim - 10.30am
- 17 Concert w Wayne - Azalea - 10.30am
- 18 Garden Train - 10.30am
with Journey Childcare
- 24 Bus Trip - Side 1 - 9am
- 25 Birthday Party w Sharon - 10.30am
- 31 Bus Trip - Side 2 - 9am
Bus Trip - Azalea - 1pm

AUGUST

- 8 High Tea - 10am
- 12 Public Holiday Ekka
- 14 Magician - Side 1 - 10.30am
Magician - Side 2 - 11am
- 15 Brian & Margaret - 10.30am
- 15 Ekka Events - 1.45pm
- 21 Bus Trip - Side 1 - 9am
- 22 Birthday Party w Dennis - 10.30am
- 28 Bus Trip - Side 2 - 9am
Bus Trip - Azalea - 1pm
- 29 Garden Train - 10.30am



JUNE		JULY		AUGUST	
5	June V	6	Libby W	1	Lenore O'B
6	Neil J	10	Wilma C	8	Alwyn N
15	Joan J	12	Anne G	9	Steve J
16	Lyn L	12	Joan Je	11	Stella C
17	Shirley F	24	Lelah W	11	Liz J
19	Isabelle M			13	Merle D
20	Fay H			20	Jenny D
23	Marie P			22	Norma H
23	Neil R			22	Vic V
30	Judith R				
VILLAGE		VILLAGE		VILLAGE	
4	John G	4	Sue W	14	Paul B
15	Lucille G	8	Shirley S	17	Robyn C
15	Ken W	10	Judith H	18	Nola B
16	Les W	20	Neita A	24	Dell S
17	Joan H	27	Ron H		
22	Joy C	28	Kath M		
24	Des R	29	Arnold W		
28	Rob C				



Bereavements

Our deepest sympathies have gone out to the families who have lost their loved ones over the Autumn period.

Dave W, Alexia M, Mary V, Joe B, Bev S,
Jeanee C, Jean L & Maureen H



We welcome the following new residents into our care:



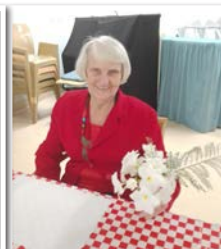
Mary K, Fay H, Del H,
Ray & Margaret L, Jo A,
Neil & Joan J, Gail C,
Kel & Liz J, Doug C,
Thelma H, Melva F,
Carolyn B & Brenda D

Activity Reviews



BUS TRIP - Residents enjoyed the bus trip to Downfall Creek where they were educated about the local animals at the information centre.

They also enjoyed the walk along the wooden trail.



VALENTINE'S DAY - Maranatha couples enjoyed music and food and celebrated their love at the Valentine's couples' lunch.



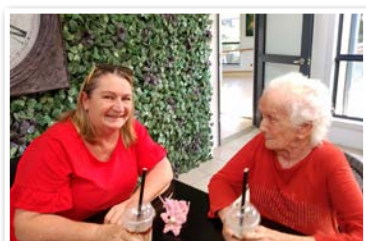
PAINT AND SUPPER - This night was a huge success with residents, staff and families coming together to paint Australian Wildflowers and to enjoy supper together. Wonderful memories were created.



BIRTHDAY CELEBRATIONS - Happy Birthday to all who celebrated their Birthdays in March, April and May and joined the Birthday parties with a variety of entertainers and birthday cake.

Doug was given a gorgeous bunch of balloons and a special cake by his family to enjoy with staff and friends in Acacia Lodge for his 96th birthday on 18th April.

Happy 96th Birthday Doug!



DELL'S CAFE - Hazel T and her daughter Madonna enjoy Dell's café yummy milkshakes.

Activity Reviews



BRAVERY BOX - Thank you to all who donated to the February Bravery Box drive.

We were able to collect 148 gifts to give to children receiving cancer treatment.

Thank you to Shane who is the creator of Bravery box charity, she works tirelessly to create moments of joy, happiness, and distraction for children with cancer.



WILDCALL WILDLIFE - We had wonderful weather on March 6 for our Wildcall Wildlife demonstration where we enjoyed the fresh air and breeze on the Poinciana veranda. Residents enjoyed hearing the informative one-hour demonstration whilst getting to hold different animals such as a Squirrel Glider, Bluetongue Lizard, Bearded Dragon, Tortoise, Baby Crocodile, and Python, and observed a Flying Fox. It was a pleasure to see everyone's faces as they got to hold the animals.



CAFE AFTERNOON - Six ladies from Maranatha went to have afternoon tea at the newly renovated North Leagues Café – good friends, food and company were on the menu.



Activity Reviews



ARMCHAIR TRAVEL - During March, we travelled to Ireland and was a fun filled morning of Information with music and the Wellbeing staff doing the Irish Jig. Residents enjoyed eating Irish Fifteens (made in our cooking group) and drinking lime soft drink.

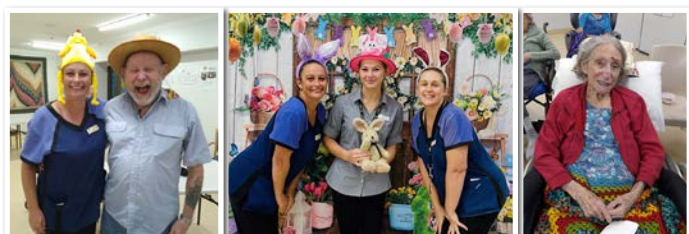


ST PATRICK'S DAY - was an enjoyable afternoon of St. Patricks' trivia with green sprinkle Ice cream cones.



EASTER CELEBRATIONS - Thank you to Traditional Funerals and Simplicity Funerals for their kind donations of Easter Hampers for our Easter Lucky number draw. Congratulations to the winners of the **Easter Lucky number draw**, with hampers going to our first three place winners and two boxes of Easter chocolates for 4th and 5th place. Thank you everyone for your support.

1st	2nd	3rd	4th	5th
Trish W	Neil R	Alisa M	Chris W	Hazel P



Maranatha had some beautiful decorations for Easter. Thank you to the residents for their input into decorating Maranatha for this special event. Congratulations to our **Easter Bingo Lucky door prize winners** - Yvonne F, Ailsa M and Marie L.



With our Easter proceeds from the Easter lucky number draw, we were able to purchase a Go Play Horseshoe set.



HARMONY DAY - saw the residents celebrating the different cultures of our great southern land of Australia. Residents and Staff dressed in their cultural costumes and joined in the trivia and games morning.

MARANATHA GARDEN TRAIN - In March the men from the Maranatha Garden Train dressed up for the occasion.



Jackie and Julie from Journey Childcare came to look at the Maranatha's Gardens and Garden Train and are looking forward to bringing the 4-5-year olds to spend time with our residents doing arts and crafts, singing, garden train and some very simple woodworking with the men from the Men's Shed.



To begin with, the children will be writing letters, doing drawings, and sending photos for the residents to enjoy and then residents will respond with their own letters. Journey Childcare will be coming on July 18 to enjoy the Garden Train and meet the residents.

DONATION THANKS - Thank you to the Langsdorf family for their donation of lighter bowls for the Indoor Bowling group. It is very much appreciated.



Activity Reviews



MOTHER'S DAY MORNING TEA - On May 9, we had a special Mother's Day Morning Tea with Entertainer Jim. The room was decorated with ceiling decorations and the Mother's Day Artwork the residents had created on the walls.



The catering for the event was a variety of tartlets, cakes,

and savouries and also included mini quiches, pies, and sausage rolls. Jim played the old favourites and our ladies joined in.

Lucky Door prizes (Blocks of Cadbury chocolate) went to Phyllis C, Betty M, Edith

W and Auriel R - congratulations ladies!

During April and May, we had a **Mother's Day lucky number draw**, drawn on May 10. Thank you for your continued support and congratulations to our winners who won the following prizes:

- 1st - Art and Chocolate Hamper
- 2nd & 3rd - Pamper Hampers
- 4th - \$25 gift voucher from Anahata Café at Kallangur

1st	2nd	3rd	4th
Sandra K	May LT	Elissa D	Fiona C



MEN'S MENTAL HEALTH DAY - In June, we will acknowledge Men's Mental Health Day at Maranatha with the Men from the Nursing Home and the units coming together to enjoy a shared BBQ. They will have a chance to chat and create new friendships.

Save the date - Wednesday 12th June @ 12 noon in the BBQ area in front of the administration.

EASTER COLOURING COMPETITION - With Easter coming early this year in March we enjoyed our religious activities based around the theme 'He is Risen'. Those within our home at Maranatha remember Jesus' life and death and resurrection. Jesus gave his life that we may live. We have the hope of our own salvation all through Christ Jesus.



We held a colouring competition for Easter and during the Easter week, two winners were chosen by volunteers Earle and Kath after the Interfaith service.



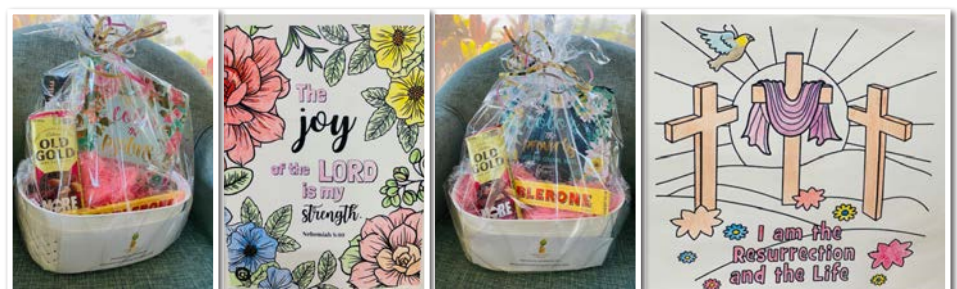
Congratulations Mary B from Side 1 and Ailsa M from Side 2 for their beautiful artwork.



The fundraising committee donated the funds needed for the two prize hampers, which included a "Colour the Psalms/Proverbs" Christian colouring book, 24 pack of pencils and a pack of coloured markers, along with some chocolate for Easter.

Thank you to all who participated

in the competition and also to the Maranatha Fundraising Committee for their continued kind contributions to Maranatha residents' wellbeing and support.



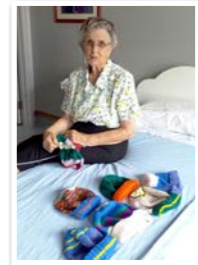
Activity Reviews



FEED THE HOMELESS DRIVE - Our "Feed the Homeless Drive" of Woodford in June is here again, residents, families, volunteers, and staff are all welcome to contribute. We will have a box near Dell's café for people to put in tinned foods, packaged non-perishable food items and toiletries. *No fresh food items please.* Items will be available on the Shopping Trolley for Residents and Staff to purchase, and they will be put in the boxes to handed out at a cooked breakfast on June 30 at Woodford Cruise Park.



Residents have begun knitting scarves, blankets, beanies and mittens to keep them warm. Thank you in advance for your contributions - these donations will make life just a bit easier for people in need.



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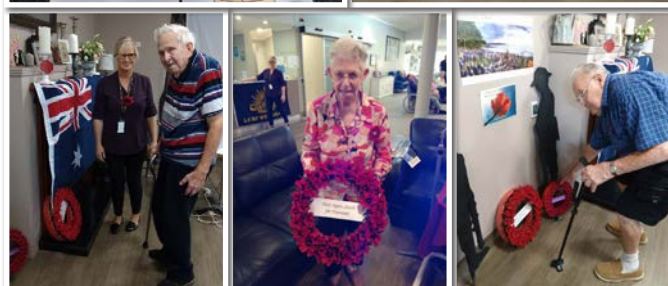
ANZAC DAY - We held pre-Anzac Day services on Wednesday April 24, a service each for Side 1 and 2.

Side 1 - Enjoyed a service run by Carmel from the Wellbeing team, with Phil Symonds, Area Vice President AFC and RAAF Association Qld Division, joining us to MC the service. He outlined the history of



Anzac Day and read the poem 'In Flanders Fields'. This was followed by wreath laying by Doug C, Cec B and Trish W.

Doug served in the army occupational forces to Japan aged 19. Cec did National



Service at age 18. Trish's late husband Gordon and her late father both served as Rats of Tobruk. Trish belongs to the Geebung RSL who donated the poppies the residents were gifted and two wreaths which were laid.



The Ode, Last Post was played followed by a 1-minute silence, and then the Rouse and Australian and New Zealand National anthems were played.

The residents enjoyed listening to music whilst speaking to Phil from the RAAF about their service, and that of their family members both past and present. *We thank Phil for his support at the service for Side 1.*

Side 2 -Wellbeing team members Renee and Tammy ran the Side 2 service with help from resident Jim C, who served in the Navy for over 25 years and previously had been the vice president of the Kilcoy RSL.



All the residents appreciated this time to reflect and remember the sacrifice of those who have died during the war for our freedoms.



Resident Story

Fay H



Fay was born in Mata Mata New Zealand on June 20, 1933 to parents Rose and John. Fay was an only child.

During her childhood she lived in Paeroa on the North Island. Fay was the swimming champion in Backstroke in the Bay of Plenty.

Fay's father John was a prisoner of war in Germany for three years, so due to the war, Fay didn't have her dad home between the ages of 5-13. Her Dad however enjoyed his grandchildren, and they have fond memories of their Grandad.

In 1955-1956 she met her husband Graeme in Rotorua they have been divorced for 62 years

since their daughter Deb was only 3 years old.

Fay has worked as an Office Assistant at a Garage, Accountant and Supermarket and then for the New Zealand Transport Department.

In 1987, Fay moved to Brisbane as all her children had already moved to Australia and has lived in Redcliffe, Kippa-Ring, and Warner. Fay has three children Karen (Tenerife BNE), Steven (NSW) and Debbie (Joyner). Fay has five grandchildren and a great-grandchild on the way.

Fay loves the music from the 1930's and 1940's particularly Bing Crosby, Doris Day, and Glenn Miller. Fay used to love being in her garden and looking after it. Fay has knitted and done embroidery from the age of 70 and enjoys meeting up with friends to have coffee each week.

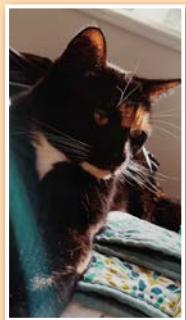
Staff Profile “May” (Jemar Ly Te)



May's journey began in the Philippines, a place filled with sunshine and joy. Born in 1988 in the town of Sogod Leyte, May's story is like a colourful storybook waiting to be read. May has a sister named Margie who lives far away in the Philippines. They are bonded like twins where distance and time won't separate them.

One day, May's adventure takes a royal turn! She becomes a Princess's assistant in a faraway land called Bahrain. For two whole years May lived in a world of castles and magic, helping the princess with all sorts of exciting things. The Princess even wanted her to stay longer but May decided to return home to the Philippines to become an even bigger superhero – a student again! She wore the cape of a working student in the Philippines, juggling studies in Business Administration and Management Information Systems while immersing herself in the dynamic BPO world. It's a bit like being a superhero managing everyday challenges!

May's love for learning took her to cool places like Thailand, where she went on a vacation filled with exciting discoveries. And guess what? Now, May is in Australia, studying Business and Hospitality - it's like a whole new chapter in her magical story!



Adding a touch of romance, May introduces Jay, her significant other and two charming cats Mowgli and Kally.

As the sun sets on her academic pursuits, May's spare time is a symphony of travel, a love for nature, and a green thumb that tends to flourish flowers and vegetables. Her appetite for knowledge extends to informative lifestyle books that she devours during moments of quiet reflection.

Catch May at the **Café**, where she works three days a week. Her job is like a treasure hunt, finding joy in every cup of coffee she serves. Her journey, still unfolding, invites you to savour every chapter, celebrating the beauty of growth, exploration, and the simple joys that make May's story truly captivating.





RESILIENCE

I was asked recently during a group conversation, what I saw as one of my best God-given traits.

Normally it would be difficult to think of what that was in the moment as there are so many angles to look at such a question, but at this particular time in my life I answered the question rather easily -

"I am so grateful God has given me a resilient spirit."

Resilience is the ability to withstand adversity and overcome challenges, difficulties, stress and unexpected changes in our lives. It is not always possible to prevent stressful or unfavourable situations from occurring as it is a part of life, but more so how we deal with them when they happen.



Some examples of resilience can best be described as:

- focusing on the things you can control instead of dwelling on what you cannot change
- taking a positive perspective on all situations in our day and looking at negatives from a more positive angle - ask yourself questions like, "Is there another way to look at this situation?"
- viewing challenges as an opportunity to gain experience from them
- not giving up and persevering

We can strengthen our capacity to deal with life's challenges and emerge stronger and more resilient through:

- spending time with people who are positive and lift you up rather than drag you down
- maintaining healthy relationships with family and friends
- breaking a challenge down into small achievable goals
- celebrating when you achieve your goal however big or small
- believing in ourselves by recognising our strengths and having confidence in our abilities
- thinking about the big picture

The Bible encourages us to persevere in the face of trials. It is full of examples of people who suffered greatly yet continued on. Let us read some encouraging scriptures...



Joshua 1:9 - "Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."

John 16:3 - "I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."

Romans 12:12 - "Rejoice in hope, be patient in tribulation, be constant in prayer."

1 Peter 5:10 - "And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you."

We have resilience within us all. We can adapt and bounce back from our hardships. We can move forward with positivity despite the crisis, tragedy, and loss. We have suffered greatly but we choose to grow. Let's pray for resilience, for ourselves and those around us.

By Carmel Hayden - Wellbeing/Spiritual Coordinator, MARANATHA

Pastoral Care Program



UPCOMING RELIGIOUS SERVICES

Please let staff know should you require assistance in getting to any of these services.

PLEASE NOTE: During COVID visiting restriction periods - these activities may be cancelled or changed at any time.
(please check your programs as subject to change)

BIBLE READING GROUP

When: Wed & Thurs at 9.15am - 9.50am

Where: Activity Hall

(or via CCTV Channel 4 on TUES & FRI)

PRAISE IN SONG - PIANO WORSHIP

When: Tuesday (monthly)

at 10.45am See program for date

Where: Activity Hall

Who: Estelle on piano - ALL WELCOME -



CHRISTADELPHIAN MEMORIAL MEETING

When: Monday Morning (weekly)
at 9.15am

Where: Activity Hall

(or via CCTV Channel 4)

Who: Christadelphian
members

- ALL WELCOME -



CHRISTADELPHIAN
AGED CARE

SPIRITUAL MEDITATIONS WEBSITE

Please take a look: www.meditations.website

INTERFAITH RELIGIOUS SERVICE

When: Tuesday (3rd monthly)
from 10.45am

Where: Activity Hall

(or via CCTV Channel 4)

Who: Pastor Earle Tonges

- ALL WELCOME -



ANGLICAN CHURCH SERVICE

When: 2nd Monday (monthly)
at 10.45am

Where: Activity Hall

(or via CCTV Channel 4)

Who: Father David Ruthven
Northpine Anglican Church



ALL
WELCOME



CATHOLIC COMMUNION/MASS or PRIEST VISIT - Monthly (refer to program for dates & times)
MONDAY PRAYER GROUP - Monday at 9.30am - Side 1 - ALL WELCOME -

RELIGIOUS & SPIRITUAL STREAMING CHANNEL - 4 Maranatha

If you are looking for some inspirational spiritual music or services, tune into channel 4 Maranatha Friday's from 10am.



UNITING CHURCH CHRISTIAN WORSHIP

When: 1st Tuesday (monthly)
at 10.45am

Where: Activity Hall

(or via CCTV Channel 4)

Who: Pastors Glen Lang & Jo Hurt
Pine Rivers Uniting Church

- ALL WELCOME -



'Supporting Maranatha resident's emotional & spiritual wellbeing'

Maranatha offers regular Pastoral Care visits to all residents

Please do not hesitate to contact our Spiritual Care Coordinator at her desk in Sunnyside Room or:

Carmel Hayden on (07) 3482 5333 or chayden@chomes.com.au

Volunteer Corner

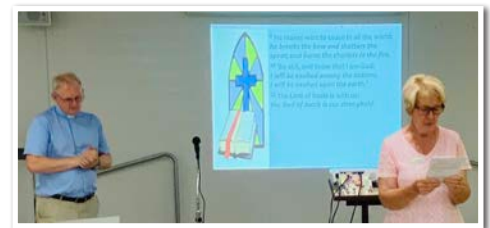
By CARMEL HAYDEN

PRAISE IN SONG - In April, we enjoyed our monthly Praise in Song session around the piano with Estelle playing and choosing all the songs with the theme of "Welcome to Sunday School". The residents sang their hearts out to ones they remembered well from their youth in Sunday School including 'Jesus loves the little children', 'This little light of mine', 'All things bright and beautiful', 'Jesus loves me', 'Jesus bids us shine' and many more.



Resident Hazel did an impromptu rendition of some songs she remembers from her Sunday school days which made everyone smile and join in with the actions. Margie did a lovely spiritual devotional. *A special thanks to all our Praise in Song volunteers.*

ANGLICAN CHURCH SERVICE - We thank Rev David Ruthven from the North Pine Anglican Church for his provision of a monthly service with communion here at Maranatha. We also thank Raelyne Harrison for her support at these services and her Pastoral Care visits with our Anglican residents each week.



COLLINS FAMILY CONCERT

Maranatha residents enjoyed a vibrant musical concert by Peter and Judy Collins on the March 5. We started out singing 'Happy Birthday' to Peggy E who turned 101! Some of the songs Peter sang and Judy played included Peter's version of 'Old Mother Hubbard' and 'Little Jack Horner', as well as "What a friend we have in Jesus".



Judy did an interactive animal-based music quiz called "Guess the Animal" from songs such as:

- Never smile at a crocodile
 - Galumph went the little green frog
 - Hey Diddle Diddle
 - How much is that doggy in the window
 - Cats in the Cradle
 - Incy Wincy Spider
 - Shoo Fly Don't Bother Me
 - Flight of the Bumble Bee
 - Hound Dog by Elvis
- ... and more!

Peter finished with a lovely song 'The Holy City'. Thank you Peter and Judy for the joy we shared in your musical talent today, we loved having you and come again!



MARANATHA QUILT - Peter and Judy Collins are children of founding Maranatha Committee members Bob and Nita Collins, who were on the committee that opened the 41 beds here at Maranatha in 1982 in A, B & C wings. We are now three times that size! We have recently rehung the 'Bargello-Quilt' Machine stitched and hand quilted and donated by Nita Collins in 1996. 27 different colours are used in this special technique, creating a flow of colour and movement.



Carmel Hayden

WELLBEING/SPIRITUAL
CARE COORDINATOR

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p: (07) 3482 5316

Volunteer IN THE Spotlight

Dell



Hi! I'm Dell and I'm currently a knitting volunteer at Maranatha on Monday afternoons. I enjoy working with a group of residents knitting rugs for those in need. But let's go back a bit...

My husband Ted and I moved from Sydney where we had lived for 47 years, to an independent living unit in Maranatha Village in May 2020. However, our association with Maranatha goes back to 1991 when



my parents, Cec and Agnes Bartley, moved into Maranatha and lived here for about 19 years. Ted's mother Girlie Shaw was also a resident in Maranatha for six years. But let's go back a few more years!

I was born in Camp Hill, Brisbane in 1940 and enjoyed the simple life as it was in those days. There were not many motor cars but trams and trolley buses, and the corner store were all part of our way of life. I attended Camp Hill Primary School and after secondary school where my yearning was to become a nurse. Being too young to register as a nurse, I spent 12 months in 1957 at the Mothercraft Centre at Clayfield. Here we worked with senior nurses looking after newborn babies and their mothers as their needs arose. I loved this work, and it was my introduction to nursing.

During these early years, I attended the Christadelphian Church in Brisbane. This led me to an understanding of the scriptures that through Jesus Christ we have a hope of life eternal when he returns. As a result, I was baptised into his name in 1960.

After Mothercraft, I became a trainee nurse at the Brisbane General Hospital. In those days, the nurses 'lived in' at the Nurses' quarters. This was great, as not only being close to work it enabled a great camaraderie to develop between the nurses with friendships which continued for many years.

Having gained my General Nursing Certificate, I then went to the Queen Elizabeth Hospital in Adelaide to study for my Midwifery Certificate which I obtained in 1962. However, 1962 was to be a watershed year in my life. While in Adelaide, I became engaged to my husband Ted. Ted had also attended the same meeting in Brisbane, so we had known each other for many years. Nevertheless, it appears that the old saying 'absence makes the heart grow fonder' was certainly true in our case!

Ted was a 'country lad' having grown up on a dairy farm south of Beaudesert. He attended a one-teacher primary school at Innisplain and then a secondary school in Brisbane as there were no high schools in Beaudesert at that time.

We were married in 1963 and six months later our lives took an entirely different direction. Ted joined CSR Sugar and we were sent to various sugar mills in North Queensland where he built railway lines, roads, and bridges for the transport of cane to the mills. This started our 35-year association with CSR until his retirement in 1998.



We spent 10 very happy years in North Queensland having three of our four children there. Depending on which mill we lived in, we regularly attended Christadelphian meetings at either Townsville or the Atherton Tableland.

But our idyllic lifestyle came to an end in 1973 when we were transferred to Sydney. The adjustment was rather traumatic with having to purchase a home and put our children into new schools, all with Ted being away much of the time visiting sugar mills.

However, our involvement with Christadelphian meetings gave us a basis on which to build our 47 years in Sydney. We formed many long-lasting friendships, some of whom have also decided to move to Maranatha. These friendships have been a wonderful thing for us.

Having finally settled into Sydney where I returned to nursing part-time. Later I began working at the Wesley Gardens Retirement Village where I was to remain for about 20 years before deciding to retire. It was a wonderful 20 years and gave me a great insight into caring for the aged in our community.

However, there was a plus in being transferred to Sydney. We already had two sons and a daughter in North Queensland – so our third son came along, a New South Welshman!! Our family was complete. But not quite. Over the following years we now have 14 lovely grandchildren and five great-grandchildren. Our eldest son Kenton now lives near us at Scarborough, our second son Warwick lives in Ireland, while our daughter Juliet and youngest son Cameron still living in Sydney, all of whom we see as much as possible.

Finally, we thank our Heavenly Father for guiding our family through these many years. We pray that He will continue to guide and bless the residents and all those who are responsible for the management of the Maranatha Village.



Thank you for your ongoing support Dell at Knitting Group. You are very much appreciated!

Testimony of Faith

RESIDENT - MAVIS R



Mavis grew up on a dairy and small crop farm at Highvale which is near Samford. She was the youngest of three children of Christadelphian parents and they would travel into Brisbane city every fortnight to attend Sunday School at the Brisbane Christadelphian Ecclesia on Charlotte St. At age 16, the farm was sold and they moved to Brisbane and Mavis then went to work fulltime. It was at this time that Mavis felt the responsibility to follow Jesus' instruction and get baptised as a sign she would live her life in his ways.

Mavis met her husband Neal, who was also a Christadelphian and they married in February 1952.

They had seven children: Linda, Gary, Desleigh, Peter, Susan and twins Karen and Cathy. Mavis was a stay-at-home Mum and stated that the children 'kept her on her toes'. Mavis has absolute confidence that God always has and always will look after her, through the hardships and the good times of life.

"I have enjoyed my life as God has given me many blessings."

Mavis has always felt God guarding and guiding her life and has a history of volunteering within the Christadelphian Ecclesial and Maranatha community before moving into a unit at Cassia Court and then later, the Hostel. Mavis is well supported and loved by the large Christadelphian Community and those from the Kallangur Ecclesia to which she belongs here at Maranatha.



Welcome Ashlyn



In February 2024 we welcomed Ashlyn to the Wellbeing Team.

Ashlyn is in grade 11 at Northpine Christian College and undertaking a school-based traineeship here at Maranatha so you will see Ashlyn working as part of the Wellbeing team each Thursday. Ashlyn is a Christadelphian and attends the Woodford Ecclesia.

Please say hello to Ashlyn when you see her around and help us make her feel welcome at Maranatha.

Testimony of Faith

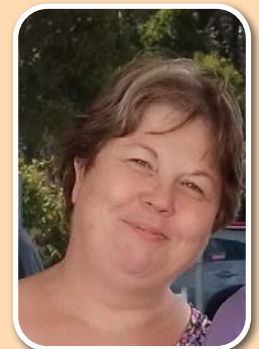
By ELISSA D

WELLBEING TEAM LEADER

I was born in Brisbane and I am the eldest of three. I have two brothers, Brant and Glen. When I was 16, I was invited to church and came to know God and Jesus Christ as my saviour. This is where I met my husband, Paul.

My first job was in a Newsagency however I knew then I wanted to work in a caring role with the elderly and disabled. My first caring role was working at Multicap Meadows and after two years, I had a break to have my children - 2 boys, Corey (32) and Ethan (30). Then I commenced work in various aged care facilities. In total I have worked 36 years in a caring role, in which I feel privileged to care for our elders.

I have been to a few different churches including the Baptist Church, Presbyterian and the Australian Orthodox (very similar to the Catholic Church) over the years to be with friends. I no longer attend a congregation however I am content with my life now, helping and caring for others and leading a Christian Life.



Foods to Fight Flu & Cold Season



Citrus



Beans



Garlic



Leafy Greens



Water



Red Meat



Honey



Ginger



Elderberry



Turmeric



Dark Tart Cherries



Walnuts



Soup



Yogurt



Carrots



Red Bell Peppers



Hearty French Chicken Soup



Prep: 15 min

Cook: 50 min

Serves: 4

Ingredients

- 1 tbsp extra virgin olive oil
- 4 chicken thigh fillets, trimmed
- 1 brown onion, halved, sliced
- 3 carrots, halved, thickly sliced diagonally
- 2 celery stalks, thickly sliced diagonally
- 3 garlic cloves, thinly sliced
- 1 dried bay leaf
- 3 sprigs fresh thyme
- 1/3 cup dry white wine
- 1 litre Massel Chicken Style Liquid Stock
- 500g potato, peeled, cut into chunks
- Roughly chopped fresh flat-leaf parsley leaves, to serve
- Toasted sliced baguette, to serve

1. Heat 1 tbsp extra virgin olive oil in a large saucepan over high heat. Season chicken with salt and pepper. Add 4 chicken thigh fillets, trimmed to pan. Cook for 4 minutes each side or until browned. Transfer to a plate.
2. Add brown onion, carrots, celery, garlic cloves, dried bay leaf and fresh thyme to pan. Reduce heat to medium. Cook, stirring occasionally, for 6 minutes or until well browned. Add 1/3 cup dry white wine. Cook, scraping up brown bits from base of pan, for 1 minute. Return chicken to pan with chicken stock and potato. Stir to combine. Bring to the boil. Reduce heat to medium. Simmer, covered, for 30 minutes or until vegetables are tender and chicken is cooked.
3. Using tongs, transfer chicken to a board. Use 2 forks to shred chicken. Remove and discard bay leaf and thyme.
4. Return chicken to pan. Simmer for 2 minutes. Sprinkle with parsley. Serve with toasted sliced baguette.



